

GMT	CREW	ACTIVITY
09:00-09:10	.	Morning inspection
09:10-09:40	.	Post-sleep
09:40-10:30	.	BREAKFAST
10:30-11:00	.	Work prep
11:00-11:15	.	Daily planning conference ( <i>S-band</i> )
11:15-12:05	CDR, FE-1	Swap out of dust filters ?? 1-4 in SM
12:00-12:55	FE-2	Physical Exercise (TVIS)
12:05-12:25	CDR	Replugging SSC1 and SSC2 computers to other station power outlets
12:05-12:10	FE-1	Weekly IFM (TVIS)
12:40-12:55	CDR	Private family conference ( <i>S-band</i> )
12:55-13:30		Hardware and computer (?? 1 and ?? 2) performance checkout
12:55-13:00	FE-2	Weekly IFM (TVIS)
13:00-14:30		Physical Exercise (RED)
13:30-15:00	CDR	Physical Exercise (TVIS+RED) – 3
15:00-16:00	.	LUNCH
16:00-17:00	.	Weekly housekeeping
17:00-17:40	FE-1	??? IFM
17:00-17:50	CDR	INTERACTION – data entry and back up
17:40-17:55	FE-1	Increment 4 weekly payload status check (including 8? payloads)
17:55-18:55		Physical Exercise (TVIS)
18:45-19:45	FE-2	BPS – plant growth prep in root module, chamber 3
18:45-19:25	CDR	IMS file prep
18:55-20:25	FE-1	Physical Exercise (RED)
19:25-20:25	CDR	Physical Exercise (TVIS) - 3
19:45-20:00	FE-2	Removal and stowage of HRF hard drive (???? )
20:00-20:15		HRF work station – hard drive removal
20:15-20:25		EXPRESS rack 2 – laptop powerdown
20:25-20:55	.	Work plan review
20:55-21:10	.	Daily planning conference ( <i>S-band</i> )
21:10-21:40	CDR, FE-1	Work prep
21:20-21:35	FE-2	Private family conference ( <i>S-band</i> )
22:00-22:15	FE-1	
22:00-22:30	FE-2	Work prep
22:30-23:00	.	DINNER
23:00-23:30	.	Daily food prep
23:30-00:30	.	Pre-sleep
00:30-06:10	.	Sleep

Note: See OSTP for references to US activities. End of radiogram